



Hair Extension CareGuide

Brushing—

When Possible, refrain from brushing when wet.

- Recommended brushes: Boar bristle or wet brush.
- Brush hair prior to washing, on dry hair, to lightly detangle.
- Gather hair into a ponytail, and hold securely, close to your scalp. Brush from your ends working your way up.

Washing—

Now that your hair is thicker (yay!) you need to wash in sections. Make sure to thoroughly wash and rinse between your rows.

Styling Tools—

ALWAYS USE A HEAT PROTECTANT!

- Keep the heat between 250-350 degrees, depending on your hair. If the heat is too high, it may cause your color to fade as well as damage to the hair.

Sleeping—

- Brush hair gently and braid loosely, secure with a scrunchie, scarf or bonnet before sleeping.
- Do NOT go to bed with wet hair, this can cause tangling close to the scalp.
- A silk pillowcase is HIGHLY recommended. **added bonus is it's great for your skin.

Drying—

- Squeeze the water out of the hair, do not RUB!
- You may air-dry a little before drying. Just be sure to remove some moisture from the hair with a towel first, to avoid the extensions being weighed down by the weight of the water.

Shampoo+Conditioner+Masque—

- I recommend L’Oreal Curl Expressions Riche Shampoo and Masque, or L’Oreal Absolut Repair Shampoo, Conditioner and Masque.
- Apply shampoo to scalp and gently massage tope-bottom. Avoid rubbing motions and do not flip the hair upside down, this can cause friction that will create tangles.
- Apply conditioner to the midshaft down to the ends and leave on for 3-5 minutes
- If you experience tangles, gently detangle while your conditioner is on using a wide tooth comb.
- The use of leave-in conditioner, I recommend L’Oreal Absolut Repair Oil or Mythic Oil. Heat Protectant, I recommend L’Oreal Metal Detox crème. Finishing Products, L’Oreal Lisse oil, or Absolut Repair Oil, Infinium 3 Hairspray.

Swimming—

- Chlorine is very risky for hair. If you must swim, follow these steps to prevent damage.
 - Before swimming, wet your hair with fresh tap water and apply a small amount of leave in conditioner, or conditioner to the hair.
 - Secure hair in a loose ponytail. Use a swimming cap if possible, purchase one made for long hair. Lycra cap underneath a waterproof rubber cap helps.
 - Once finished with swimming, rinse hair with fresh water and shampoo, use a masque to finish.

Sunscreen—

- Sunscreen is NOT safe for hair!
- Avoid getting sunscreen on your hair by wearing it up until it dries.
- Avoid sunscreens that have oxybenzone and avobenzone. This will cause pink and orange tinting to the hair.